1250 Hollipark Drive • Idaho Falls, ID 83401 • Phone: (208) 522-0310 • Fax: (208) 525-7063

## **NEWS RELEASE**

FOR IMMEDIATE RELEASE October 27, 2021

## Contact: Mimi Taylor, PIO Cell: (208) 521-6722

## EIPH offering flu shots at no cost for uninsured individuals

**(SE Idaho)** – The influenza or flu season is officially upon us and Eastern Idaho Public Health (EIPH) is prepared to vaccinate. The flu season generally stretches from September through May and varies in severity each year. Last year was a relatively mild year and it is hard to know what to expect this season. It is recommended that everyone 6 months of age and older receive a flu vaccine each year as it is the first and most important step in protecting against this disease.

Since we never want cost to be a barrier to receiving needed services, EIPH will be providing flu shots, at no cost, to uninsured individuals as well as COVID-19 vaccine, upon request at all our offices.

Office:	Date and Time:	Address:	Phone Number:
Bonneville County	Thursday, Nov. 4	1250 Hollipark Drive	208-533-3235
Idaho Falls	4-6 pm	*Drive Thru	
Clark County Dubois	Thursday, Nov. 4 1-3:30 pm	332 West Main *By Appointment	208-745-7297
Custer County	Monday, Nov. 1	610 No. Clinic Rd, Ste A	208-879-2504
Challis	8-noon & 1-5 pm	*Walk-ins welcome	
Custer County	Tuesday, Nov. 2	301 Cedar	208-879-2504
Mackay	10 am-2 pm	*Walk-ins welcome	
Fremont County St. Anthony	Wednesday, Nov. 10 2-5 pm	45 South 2nd West *By Appointment	208-624-7585
Jefferson County Mud Lake	Thursday, Nov. 4 9-11 am	1078 E. 1500 N. (Terreton)  *By Appointment	208-745-7297
Jefferson County Rigby	Monday, Nov. 1 9-11 am & 1-4 pm	380 Community Lane *By Appointment	208-745-7297
Lemhi County Leadore	Tuesday, Nov. 16 2-5 pm	Leadore Library *Walk-ins welcome	208-756-2123
Lemhi County	Thursday, Nov. 4	801 Monroe	208-756-2123
Salmon	1-5 pm	*Walk-ins welcome	
Madison County	Wednesday, Nov. 10	314 North 3rd East	208-356-3239
Rexburg	9-noon & 1-4 pm	*By Appointment	
Teton County	Tuesday, Nov. 9	820 Valley Centre Drive	208-354-2220
Driggs	1-4 pm	*By Appointment	

Influenza is caused by a virus and is a respiratory illness. Symptoms include fever (or feeling feverish/chills), cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, and fatigue/tiredness. The flu is contagious before symptoms start, so practicing good hand washing can help prevent its spread.

In addition to receiving the flu vaccine and hand washing, EIPH recommends the following strategies to prevent getting and spreading the flu: avoid touching your eyes, nose, and mouth; cover your cough and sneezes or cough into your sleeve; stay home when you're sick; and wear a mask.

Follow us on Facebook for the most current information on what is happening during the flu season plus information about all our other programs.